

41st Annual Fowl Fun Run

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Sex (M/F): _____ DOB: _____ Age on 11/09/19: _____

Event Distance (Circle One): 5K run/walk 10K run only

Pre-registered with shirt: \$30 \$ _____

Pre-registered, no shirt: \$15 \$ _____

Optional running hat: \$15 \$ _____

Youth - ages 12 & under (no shirt): Free

Mature Adults 70 & above (no shirt): Free

Total Enclosed*: \$ _____

Long-sleeved performance shirt. Size (Circle One): S M L XL

Mail to:

Skagit Runners - Fowl Fun Run, PO Box 120, Burlington, WA 98233

***Mailed applications must be postmarked by 11/4/19. In person pre-registration is available at Skagit Running Company until 1:00 PM on 11/8/19.**

****A limited quantity of shirts and running hats may be available for purchase on race day.**

Release Waiver

I know that running a road race is a potentially hazardous activity. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release the City of Mount Vernon, County of Skagit, Mount Vernon Christian School, Skagit Runners, Skagit Running Company, Road Runners Club of America, all sponsors and contributors, volunteers, their representatives and successors from claims or liabilities of any kind arising out of my participation in this event even though the liability may rise out of negligence or carelessness on the part of the persons named in this waiver. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I also understand that my entry fee is nonrefundable. I understand that this event is RRCA-sanctioned and that bicycles, skateboards, baby joggers or strollers, roller skates or blades, headsets, and animals are not allowed in the race, and I will abide by these guidelines.

A parent's signature is required if entrant is under 18 years of age. This is to certify that my child has the permission to compete in this event, is in good physical condition, and the event officials may authorize necessary emergency medical treatment.

Signed: _____ Date: _____

(If under 18, parental signature required)